

Carlisle - Barrow - Lancaster
 Saturday 10 November

| | | bus | | | bus | | | bus | | | |
|--------------------------|----------|------|------|-------|------|------|------|------|------|------|-------|
| Carlisle | d | - | 0625 | - | - | 0755 | - | - | 1004 | - | - |
| Dalston | | - | 0640 | - | - | 0810 | - | - | 1019 | - | - |
| Wigton | | - | 0700 | - | - | 0830 | - | - | 1039 | - | - |
| Aspatria | | - | 0720 | - | - | 0850 | - | - | 1059 | - | - |
| Maryport | | - | 0740 | - | - | 0910 | - | - | 1119 | - | - |
| Flimby | | - | 0745 | - | - | 0915 | - | - | 1124 | - | - |
| Workington | | - | 0755 | 0805 | - | 0925 | - | - | 1134 | - | 1230 |
| Harrington | | - | 0805 | 0809 | - | 0935 | - | - | 1144 | - | 12x34 |
| Parton | | - | 0815 | 08x17 | - | 0945 | - | - | 1154 | - | 12x43 |
| Whitehaven | a | - | 0820 | 0823 | - | 0950 | - | - | 1159 | - | 1249 |
| Whitehaven | d | - | - | 0824 | - | - | - | - | - | - | - |
| Corkickle | | - | - | 0827 | - | - | - | - | - | - | - |
| St. Bees | | - | - | 0832 | - | - | - | - | - | - | - |
| Nethertown | | - | - | 08x36 | - | - | - | - | - | - | - |
| Braystones | | - | - | 08x39 | - | - | - | - | - | - | - |
| Sellafield | | - | - | 0843 | - | - | - | - | - | - | - |
| Seascale | | - | - | 0847 | - | - | - | - | - | - | - |
| Drigg | | - | - | 08x50 | - | - | - | - | - | - | - |
| Ravenglass | | - | - | 0853 | - | - | - | - | - | - | - |
| Bootle (Cumbria) | | - | - | 08x59 | - | - | - | - | - | - | - |
| Silecroft | | - | - | 09x05 | - | - | - | - | - | - | - |
| Millom | a | - | - | 0912 | - | - | - | - | - | - | - |
| Millom | d | - | - | 0912 | - | - | - | - | - | - | - |
| Green Road | | - | - | 09x16 | - | - | - | - | - | - | - |
| Foxfield | | - | - | 0920 | - | - | - | - | - | - | - |
| Kirkby-in-Furness | | - | - | 09x24 | - | - | - | - | - | - | - |
| Askam | | - | - | 0929 | - | - | - | - | - | - | - |
| Barrow-in-Furness | a | - | - | 0945 | - | - | - | - | - | - | - |
| Barrow-in-Furness | d | 0846 | - | - | 0958 | - | 1114 | 1251 | - | 1414 | - |
| Roose | | 0850 | - | - | 1002 | - | 1118 | 1255 | - | 1418 | - |
| Dalton | | 0856 | - | - | 1008 | - | 1124 | 1301 | - | 1424 | - |
| Ulverston | | 0905 | - | - | 1017 | - | 1133 | 1310 | - | 1433 | - |
| Cark | | 0913 | - | - | 1025 | - | 1141 | 1318 | - | 1441 | - |
| Kents Bank | | 0917 | - | - | 1029 | - | 1145 | 1322 | - | 1445 | - |
| Grange-over-Sands | | 0921 | - | - | 1033 | - | 1149 | 1326 | - | 1449 | - |
| Arnside | | 0927 | - | - | 1039 | - | 1155 | 1332 | - | 1455 | - |
| Silverdale | | 0931 | - | - | 1043 | - | 1159 | 1336 | - | 1459 | - |
| Carnforth | | 0939 | - | - | 1051 | - | 1207 | 1344 | - | 1507 | - |
| Lancaster | a | 0947 | - | - | 1059 | - | 1215 | 1352 | - | 1515 | - |

| | bus | | | bus | bus | bus | |
|--------------------------|----------|------|-------|------|------|------|------|
| Carlisle | d | 1215 | - | - | 1346 | 1546 | 1715 |
| Dalston | | 1230 | - | - | 1401 | 1601 | 1730 |
| Wigton | | 1250 | - | - | 1421 | 1621 | 1750 |
| Aspatria | | 1310 | - | - | 1441 | 1641 | 1810 |
| Maryport | | 1330 | - | - | 1501 | 1701 | 1830 |
| Flimby | | 1335 | - | - | 1506 | 1706 | 1835 |
| Workington | | 1345 | 1357 | - | 1516 | 1716 | 1845 |
| Harrington | | 1355 | 1401 | - | 1526 | 1726 | 1855 |
| Parton | | 1405 | 14x09 | - | 1536 | 1736 | 1905 |
| Whitehaven | a | 1410 | 1415 | - | 1541 | 1741 | 1910 |
| Whitehaven | d | - | 1416 | - | - | - | - |
| Corkickle | | - | 1419 | - | - | - | - |
| St. Bees | | - | 1425 | - | - | - | - |
| Nethertown | | - | 14x29 | - | - | - | - |
| Braystones | | - | 14x31 | - | - | - | - |
| Sellafield | | - | 1436 | - | - | - | - |
| Seascale | | - | 1440 | - | - | - | - |
| Drigg | | - | 14x43 | - | - | - | - |
| Ravenglass | | - | 1447 | - | - | - | - |
| Bootle (Cumbria) | | - | 14x52 | - | - | - | - |
| Silecroft | | - | 14x59 | - | - | - | - |
| Millom | a | - | 1506 | - | - | - | - |
| Millom | d | - | 1507 | - | - | - | - |
| Green Road | | - | 15x11 | - | - | - | - |
| Foxfield | | - | 1515 | - | - | - | - |
| Kirkby-in-Furness | | - | 15x19 | - | - | - | - |
| Askam | | - | 1524 | - | - | - | - |
| Barrow-in-Furness | a | - | 1539 | - | - | - | - |
| Barrow-in-Furness | d | - | - | 1550 | - | - | - |
| Roose | | - | - | 1554 | - | - | - |
| Dalton | | - | - | 1600 | - | - | - |
| Ulverston | | - | - | 1609 | - | - | - |
| Cark | | - | - | 1617 | - | - | - |
| Kents Bank | | - | - | 1621 | - | - | - |
| Grange-over-Sands | | - | - | 1625 | - | - | - |
| Arnsdale | | - | - | 1631 | - | - | - |
| Silverdale | | - | - | 1635 | - | - | - |
| Carnforth | | - | - | 1643 | - | - | - |
| Lancaster | a | - | - | 1651 | - | - | - |

Lancaster - Barrow - Carlisle

Saturday 10 November

| | bus | bus | bus | bus | | | | | | | |
|-------------------|-----|------|------|-------|------|------|-------|------|------|------|------|
| Lancaster | d | - | - | - | - | 1001 | - | 1110 | - | 1302 | 1402 |
| Carnforth | | - | - | - | - | 1011 | - | 1120 | - | 1313 | 1412 |
| Silverdale | | - | - | - | - | 1017 | - | 1126 | - | 1319 | 1418 |
| Arnside | | - | - | - | - | 1021 | - | 1130 | - | 1323 | 1422 |
| Grange-over-Sands | | - | - | - | - | 1027 | - | 1136 | - | 1329 | 1428 |
| Kents Bank | | - | - | - | - | 1031 | - | 1140 | - | 1333 | 1432 |
| Cark | | - | - | - | - | 1035 | - | 1144 | - | 1337 | 1436 |
| Ulverston | | - | - | - | - | 1043 | - | 1152 | - | 1345 | 1444 |
| Dalton | | - | - | - | - | 1052 | - | 1201 | - | 1354 | 1453 |
| Roose | | - | - | - | - | 1058 | - | 1207 | - | 1400 | 1459 |
| Barrow-in-Furness | a | - | - | - | - | 1107 | - | 1216 | - | 1409 | 1508 |
| Barrow-in-Furness | d | - | - | 1022 | - | - | - | - | - | - | - |
| Askam | | - | - | 1032 | - | - | - | - | - | - | - |
| Kirkby-in-Furness | | - | - | 10x36 | - | - | - | - | - | - | - |
| Foxfield | | - | - | 1040 | - | - | - | - | - | - | - |
| Green Road | | - | - | 10x43 | - | - | - | - | - | - | - |
| Millom | a | - | - | 1049 | - | - | - | - | - | - | - |
| Millom | d | - | - | 1050 | - | - | - | - | - | - | - |
| Silecroft | | - | - | 10x54 | - | - | - | - | - | - | - |
| Bootle (Cumbria) | | - | - | 11x01 | - | - | - | - | - | - | - |
| Ravenglass | | - | - | 1107 | - | - | - | - | - | - | - |
| Drigg | | - | - | 11x10 | - | - | - | - | - | - | - |
| Seascale | | - | - | 1114 | - | - | - | - | - | - | - |
| Sellafield | | - | - | 1122 | - | - | - | - | - | - | - |
| Braystones | | - | - | 11x26 | - | - | - | - | - | - | - |
| Nethertown | | - | - | 11x28 | - | - | - | - | - | - | - |
| St. Bees | | - | - | 1133 | - | - | - | - | - | - | - |
| Corkickle | | - | - | 1139 | - | - | - | - | - | - | - |
| Whitehaven | a | - | - | 1142 | - | - | - | - | - | - | - |
| Whitehaven | d | 0818 | 1023 | 1144 | 1145 | - | 1300 | - | 1413 | - | - |
| Parton | | 0823 | 1028 | 11x47 | 1150 | - | 13x03 | - | 1418 | - | - |
| Harrington | | 0833 | 1038 | 1156 | 1200 | - | 1312 | - | 1428 | - | - |
| Workington | | 0843 | 1048 | 1200 | 1210 | - | 1316 | - | 1438 | - | - |
| Flimby | | 0853 | 1058 | - | 1220 | - | - | - | 1448 | - | - |
| Maryport | | 0858 | 1103 | - | 1225 | - | - | - | 1453 | - | - |
| Aspatria | | 0918 | 1123 | - | 1245 | - | - | - | 1513 | - | - |
| Wigton | | 0938 | 1143 | - | 1305 | - | - | - | 1533 | - | - |
| Dalston | | 0958 | 1203 | - | 1325 | - | - | - | 1553 | - | - |
| Carlisle | a | 1013 | 1218 | - | 1340 | - | - | - | 1608 | - | - |

| | | | bus | bus | |
|-------------------|---|------|-------|------|------|
| Lancaster | d | 1527 | - | - | 1701 |
| Carnforth | | 1537 | - | - | 1711 |
| Silverdale | | 1543 | - | - | 1717 |
| Arnside | | 1547 | - | - | 1721 |
| Grange-over-Sands | | 1553 | - | - | 1727 |
| Kents Bank | | 1557 | - | - | 1731 |
| Cark | | 1601 | - | - | 1735 |
| Ulverston | | 1609 | - | - | 1743 |
| Dalton | | 1618 | - | - | 1752 |
| Roose | | 1624 | - | - | 1758 |
| Barrow-in-Furness | a | 1633 | - | - | 1807 |
| Barrow-in-Furness | d | - | 1717 | - | - |
| Askam | | - | 1727 | - | - |
| Kirkby-in-Furness | | - | 17x31 | - | - |
| Foxfield | | - | 1735 | - | - |
| Green Road | | - | 17x39 | - | - |
| Millom | a | - | 1745 | - | - |
| Millom | d | - | 1745 | - | - |
| Silecroft | | - | 17x49 | - | - |
| Bootle (Cumbria) | | - | 17x56 | - | - |
| Ravenglass | | - | 1802 | - | - |
| Drigg | | - | 18x05 | - | - |
| Seascale | | - | 1808 | - | - |
| Sellafield | | - | 1814 | - | - |
| Braystones | | - | 18x17 | - | - |
| Nethertown | | - | 18x20 | - | - |
| St. Bees | | - | 1826 | - | - |
| Corkickle | | - | 1831 | - | - |
| Whitehaven | a | - | 1834 | - | - |
| Whitehaven | d | - | 1835 | 1835 | 1917 |
| Parton | | - | 18x38 | 1840 | 1922 |
| Harrington | | - | 1847 | 1850 | 1932 |
| Workington | | - | 1851 | 1900 | 1942 |
| Flimby | | - | - | 1910 | 1952 |
| Maryport | | - | - | 1915 | 1957 |
| Aspatria | | - | - | 1935 | 2017 |
| Wigton | | - | - | 1955 | 2037 |
| Dalston | | - | - | 2015 | 2057 |
| Carlisle | a | - | - | 2030 | 2112 |