northern

6 Train times

20 May 2018 - 8 December 2018

Carlisle to Preston and Manchester via Cumbrian Coast and Preston – Windermere

northernrailway.co.uk

This timetable shows the complete train service between **Carlisle** and **Barrow/ Preston** via the **Cumbrian Coast** and through trains to **Manchester Airport**. Trains between **Windermere** and **Preston** are also featured in this timetable.

How to read this timetable

Look down the left hand column for your departure station. Read across until you find a suitable departure time. Read down the column to find the arrival time at your destination. Through services are shown in bold type (this means you won't have to change trains). Connecting services are shown in light type. If you travel on a connecting service, change at the next station shown in bold or if you arrive on a connecting service, change at the last station shown in bold, unless a footnote advises otherwise.

Planning your journey

National Rail Enquiries
For full details of all train times, fares and rail travel information anywhere on the national rail network, call **03457 48 49 50**, or visit **nationalrail.co.uk**

TrainTracker™
For up to date travel information and live departures direct to your mobile, text your station **name** or **location code** to **8 49 50**.

Customers with disabilities or restricted mobility are encouraged to contact our **Customer Experience Centre** who will book assistance for you.

Call: **0800 138 5560**

Textphone: **0800 138 5561**

Email: **assistance@northernrailway.co.uk**

Whilst every care has been taken to ensure the accuracy of the information contained in this timetable, we can accept no liability for any inaccuracies, and reserve the right to change information without further notice. Visit our website for the most up to date timetables and check before you travel.

Improving our railway

Engineering work to help improve our services sometimes affects trains, particularly at weekends and bank holidays.

Visit: **northernrailway.co.uk/improvements** or call National Rail Enquiries: **03457 48 49 50** to check before you travel.

Minimum connection times

All stations have a minimum connection time of 5 minutes unless stated. Carlisle 8 minutes, Lancaster 6 minutes and Manchester Piccadilly 10 minutes.

Delay Repay

You can claim Delay Repay if one of our trains is late or cancelled and as a result you get to your destination station more than 30 minutes later than scheduled, whether it is our fault or not.
Visit **northernrailway.co.uk/delayrepay** for more information.

Community Rail Partnerships and community groups

We support a number of active community rail partnerships (CRPs) across our network. CRPs bring together local communities and the rail industry to deliver benefits to both, and encourage use of the lines they represent.

Cumbrian Coast Community Rail Partnership
www.cumbriancoastline.co.uk

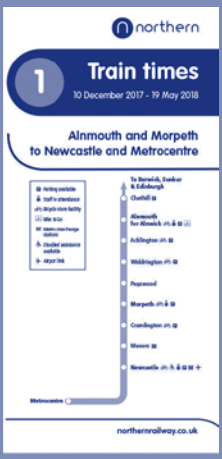
Furness Line Community Rail Partnership
www.furnessline.co.uk

Lakes Line Community Rail Partnership
www.lakesline.co.uk

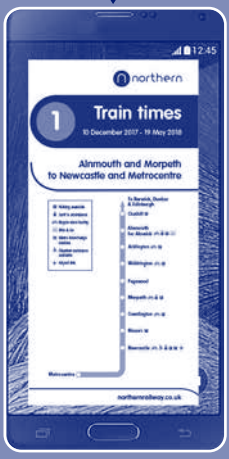
Some stations on this route are adopted by local community groups. For more information visit **northernrailway.co.uk/community**

northern

Time to go DIGITAL



Why put this in your pocket when it's already there?



Online timetables can be found at

northernrailway.co.uk/timetables

where you can download your own version to your smartphone, or use our Northern app.

For real time train running information visit

nationalrail.co.uk

WE ARE MODERNISING

Carlisle - Barrow - Preston - Manchester

Mondays to Saturdays

Carlisle	d	-	-	-	-	-	-	-	-	0553	-
Dalston		-	-	-	-	-	-	-	-	0602	-
Wigton		-	-	-	-	-	-	-	-	0611	-
Aspatria		-	-	-	-	-	-	-	-	0622	-
Maryport		-	-	-	-	-	-	0548	-	0633	-
Flimby		-	-	-	-	-	-	05x51	-	06x36	-
Workington		-	-	-	-	-	-	0558	-	0644	-
Harrington		-	-	-	-	-	-	0602	-	0648	-
Parton		-	-	-	-	-	-	06x11	-	06x57	-
Whitehaven	a	-	-	-	-	-	-	0616	-	0702	-
Whitehaven	d	-	-	-	-	-	-	0618	-	0704	-
Corkickle		-	-	-	-	-	-	0620	-	0706	-
St. Bees		-	-	-	-	-	-	0626	-	0712	-
Nethertown		-	-	-	-	-	-	06x30	-	-	-
Braystones		-	-	-	-	-	-	06x33	-	-	-
Sellafield		-	-	-	-	-	-	0639	-	0724	-
Seascale		-	-	-	-	-	-	0643	-	0728	-
Drigg		-	-	-	-	-	-	06x46	-	07x31	-
Ravenglass		-	-	-	-	-	-	0650	-	0734	-
Bootle		-	-	-		-	-	06x55	-	07x40	-
Silecroft		-	-	-	-	-	-	07x02	-	07x46	-
Millom	a	-	-	-	-	-	-	0708	-	0753	-
Millom	d	-	-	-	0610	-	-	0709	-	0753	-
Green Road		-	-	-	06x14	-	-	07x13	-	07x57	-
Foxfield		-	-	-	0618	-	-	0717	-	0801	-
Kirkby-in-Furness		-	-	-	06x22	-	-	07x21	-	08x05	-
Askam		-	-	-	0627	-	-	0726	-	0811	-
Barrow-in-Furness	a	-	-	-	0641	-	-	0741	-	0826	-
Barrow-in-Furness	d	0453	0549	0611	-	0647	0708	-	0746	-	0846
Roose		-	0553	-	-	0651	0712	-	0750	-	0850
Dalton		-	0559	-	-	0657	0718	-	0756	-	0856
Ulverston		0509	0608	0626	-	0705	0727	-	0805	-	0904
Cark		-	0615	-	-	0713	0734	-	0812	-	0912
Kents Bank		-	0619	-	-	-	0738	-	-	-	0916
Grange-over-Sands		0521	0623	0639	-	0720	0742	-	0819	-	0920
Arnside		0527	0629	0645	-	0725	0749	-	0825	-	0925
Silverdale		-	0634	-	-	0730	0754	-	0830	-	0930
Carnforth		0537	0641	0655	-	0737	0801	-	0837	-	0937
Lancaster	a	0545	0651	0702	-	0745	0810	-	0845	-	0945
Preston	a	0606	0714	0722	-	0806	0846	-	0908	-	1006
Manchester Oxford Road	a	-	-	0811	-	-	-	-	-	-	-
Manchester Piccadilly	a	-	-	0815	-	-	0927	-	1027	-	1127
Manchester Airport	a	-	-	0835	-	-	0947	-	1047	-	1147

Notes
a Arrival time.
d Departure time.
x Stops on request.

Carlisle - Barrow - Preston - Manchester

Mondays to Saturdays

		L					L	L			
				SX	SO		SO	SX			
Carlisle	d	0616	0710	0810	0815	-	0851	0903	-	1013	-
Dalston		0625	0719	-	-	-	0900	0912	-	1022	-
Wigton		0635	0731	0827	0832	-	0910	0922	-	1031	-
Aspatria		0647	0741	-	-	-	0922	0934	-	1042	-
Maryport		0659	0752	0848	0853	-	0934	0946	-	1053	-
Flimby		07x03	07x55	-	-	-	09x38	09x50	-	10x56	-
Workington		0710	0805	0858	0903	-	0945	0957	-	1103	-
Harrington		0715	0809	-	-	-	0950	1002	-	1107	-
Parton		07x26	08x18	-	-	-	10x01	10x13	-	11x16	-
Whitehaven	a	0730	0823	0914	0919	-	1005	1017	-	1121	-
Whitehaven	d	0732	0825	0916	0921	-	1007	1019	-	1123	-
Corkickle		0735	0827	0918	0923	-	1010	1022	-	1125	-
St. Bees		0742	0833	0929	0933	-	1021	1032	-	1133	-
Nethertown		-	-	-	-	-	-	-	-	11x37	-
Braystones		-	-	-	-	-	-	-	-	11x40	-
Sellafield		0753	0844	0939	0943	-	1032	1043	-	1145	-
Seascale		0758	0847	0943	0946	-	1037	1048	-	1149	-
Drigg		-	08x50	09x46	09x49	-	10x41	-	-	11x52	-
Ravenglass		0805	0854	0949	0953	-	1046	1055	-	1155	-
Bootle		-	08x59	09x55	09x58	-	10x52	-	-	12x01	-
Silecroft		-	09x06	10x01	10x05	-	11x00	-	-	12x07	-
Millom	a	0821	0912	1008	1011	-	1106	1111	-	1214	-
Millom	d	0822	0914	1009	1011	-	1106	1112	-	1214	-
Green Road		-	09x18	10x13	10x15	-	-	-	-	12x18	-
Foxfield		-	0922	1017	1019	-	1115	-	-	1222	-
Kirkby-in-Furness		-	09x26	10x21	10x23	-	11x20	-	-	12x26	-
Askam		0839	0931	1026	1028	-	1126	1129	-	1231	-
Barrow-in-Furness	a	0854	0946	1041	1043	-	1141	1145	-	1246	-
Barrow-in-Furness	d	-	0958	-	-	1048	-	-	1153	-	1251
Roose		-	1002	-	-	-	-	-	1157	-	-
Dalton		-	1008	-	-	1057	-	-	1203	-	1300
Ulverston		-	1017	-	-	1105	-	-	1211	-	1309
Cark		-	1024	-	-	1113	-	-	1218	-	1316
Kents Bank		-	1028	-	-	-	-	-	1222	-	1320
Grange-over-Sands		-	1032	-	-	1120	-	-	1226	-	1324
Arnside		-	1039	-	-	1125	-	-	1233	-	1330
Silverdale		-	1043	-	-	1130	-	-	1237	-	1335
Carnforth		-	1056	-	-	1137	-	-	1244	-	1342
Lancaster	a	-	1107	-	-	1145	-	-	1251	-	1352
Preston	a	-	1148	-	-	1208	-	-	1311	-	1417
Manchester Oxford Road	a	-	-	-	-	-	-	-	1411	-	-
Manchester Piccadilly	a	-	1227	-	-	1327	-	-	1415	-	1527
Manchester Airport	a	-	1248	-	-	1347	-	-	1435	-	1547

Notes
a Arrival time.
d Departure time.
x Stops on request.
L Services operated with loco-hauled stock where available.
SO Saturdays only.
SX Mondays to Fridays only.

Carlisle - Barrow - Preston - Manchester

Mondays to Saturdays

		SX	SO	Ⓛ	SX	SO					
Carlisle	d	1107	1107	1208	-	-	1307	1411	-	1441	1512
Dalston		1115	1115	-	-	-	1315	1419	-	1451	1520
Wigton		1125	1125	1226	-	-	1325	1429	-	1501	1529
Aspatria		1135	1135	-	-	-	1335	1439	-	1511	1540
Maryport		1146	1146	1248	-	-	1346	1450	-	1522	1550
Flimby		11x49	11x49	-	-	-	13x49	14x53	-	15x25	15x53
Workington		1157	1157	1258	-	-	1357	1501	-	1533	1601
Harrington		1201	1201	-	-	-	1401	1505	-	1537	1605
Parton		12x09	12x09	-	-	-	14x09	15x13	-	15x45	16x13
Whitehaven	a	1215	1215	1315	-	-	1415	1519	-	1551	1619
Whitehaven	d	1216	1216	1317	-	-	1416	1520	-	1552	1620
Corkickle		1219	1219	1320	-	-	1419	1523	-	1555	1623
St. Bees		1228	1228	1327	-	-	1430	1529	-	1602	1628
Nethertown		-	12x32	-	-	-	-	-	-	16x06	-
Braystones		-	12x34	-	-	-	-	-	-	16x08	-
Sellafield		1238	1240	1338	-	-	1445	1540	-	1614	1639
Seascale		1242	1244	1343	-	-	1448	1544	-	1618	1643
Drigg		12x45	12x47	-	-	-	14x52	15x48	-	16x21	16x46
Ravenglass		1248	1250	1350	-	-	1456	1552	-	1625	1650
Bootle		12x54	12x56	-	-	-	15x01	15x58	-	16x31	16x56
Silecroft		13x00	13x02	-	-	-	15x08	16x05	-	16x38	17x03
Millom	a	1307	1309	1406	-	-	1515	1611	-	1644	1710
Millom	d	1307	1309	1407	-	-	1516	1612	-	1645	1710
Green Road		13x11	13x13	-	-	-	15x20	16x16	-	16x49	17x15
Foxfield		1315	1317	1416	-	-	1524	1620	-	1653	1719
Kirkby-in-Furness		13x19	13x21	14x20	-	-	15x28	16x24	-	16x58	17x24
Askam		1324	1326	1426	-	-	1533	1629	-	1703	1729
Barrow-in-Furness	a	1339	1341	1441	-	-	1548	1644	-	1717	1744
Barrow-in-Furness	d	1347	1347	-	1448	1457	1550	-	1649	1719	-
Roose		1351	1351	-	1452	1501	1554	-	-	1723	-
Dalton		1357	1357	-	1458	1507	1600	-	1658	1729	-
Ulverston		1406	1406	-	1506	1515	1608	-	1706	1737	-
Cark		1413	1413	-	1513	1522	1616	-	1714	1745	-
Kents Bank		1417	1417	-	1517	1526	1620	-	1718	-	-
Grange-over-Sands		1421	1421	-	1521	1530	1624	-	1722	1752	-
Arnside		1428	1428	-	1528	1537	1630	-	1727	1758	-
Silverdale		1433	1433	-	1532	1541	1635	-	1732	1803	-
Carnforth		1440	1440	-	1539	1548	1642	-	1739	1810	-
Lancaster	a	1450	1450	-	1546	1555	1652	-	1747	1823	-
Preston	a	1514	1514	-	1606	1622	1746	-	1808	1902t	-
Manchester Oxford Road	a	-	-	-	1711	1711	-	-	-	-	-
Manchester Piccadilly	a	1627	1627	-	1715	1715	1823	-	1924h	1927w	-
Manchester Airport	a	1647	1647	-	1735	1735	1843	-	1941j	1945w	-

Notes
a Arrival time.
d Departure time.
h 3 minutes later on Saturdays.
j 6 minutes later on Saturdays.
t On Saturdays connection arrives at 18:46.
w Saturday only connection.
x Stops on request.
Ⓛ Services operated with loco-hauled stock where available.
SO Saturdays only.
SX Mondays to Fridays only.

Carlisle - Barrow - Preston - Manchester

Mondays to Saturdays

			SX	SX	SO	SX	SO	SO		SX	Ⓛ
Carlisle	d	-	-	1559	1626	-	-	-	1706	-	1745
Dalston		-	-	1607	1634	-	-	-	1714	-	1754
Wigton		-	-	1617	1644	-	-	-	1724	-	1804
Aspatria		-	-	1627	1654	-	-	-	1734	-	1816
Maryport		-	-	1638	1705	-	-	-	1745	-	1828
Flimby		-	-	16x41	17x08	-	-	-	17x48	-	18x32
Workington		-	-	1648	1715	-	-	-	1756	-	1839
Harrington		-	-	1652	1719	-	-	-	1800	-	1844
Parton		-	-	17x01	17x28	-	-	-	18x08	-	18x55
Whitehaven	a	-	-	1708	1733	-	-	-	1816	-	1900
Whitehaven	d	-	-	-	1735	-	-	-	1818	-	1901
Corkickle		-	-	-	1737	-	-	-	1820	-	1905
St. Bees		-	-	-	1743	-	-	-	1827	-	1913
Nethertown		-	-	-	-	-	-	-	18x31	-	-
Braystones		-	-	-	-	-	-	-	18x34	-	-
Sellafield		-	1718	-	1753	-	-	-	1840	-	1924
Seascale		-	1722	-	1757	-	-	-	1843	-	1928
Drigg		-	17x26	-	18x00	-	-	-	-	-	19x33
Ravenglass		-	1730	-	1804	-	-	-	1849	-	1937
Bootle		-	17x36	-	18x09	-	-	-	-	-	19x44
Silecroft		-	17x44	-	18x16	-	-	-	-	-	19x52
Millom	a	-	1749	-	1823	-	-	-	1905	-	1958
Millom	d	-	1749	-	1823	-	-	-	1905	-	1958
Green Road		-	17x54	-	18x27	-	-	-	19x09	-	20x04
Foxfield		-	1759	-	1831	-	-	-	1913	-	2009
Kirkby-in-Furness		-	18x04	-	18x35	-	-	-	19x17	-	20x14
Askam		-	1809	-	1840	-	-	-	1922	-	2020
Barrow-in-Furness	a	-	1824	-	1855	-	-	-	1937	-	2037
Barrow-in-Furness	d	1802	-	-	-	1900	1910	1934	-	1943	-
Roose		1806	-	-	-	-	-	1938	-	1947	-
Dalton		1812	-	-	-	-	-	1944	-	1953	-
Ulverston		1821	-	-	-	1916	1926	1953	-	2002	-
Cark		1828	-	-	-	-	-	2000	-	2009	-
Kents Bank		1832	-	-	-	-	-	2004	-	2013	-
Grange-over-Sands		1836	-	-	-	1928	1938	2008	-	2017	-
Arnside		1842	-	-	-	1935	1944	2014	-	2023	-
Silverdale		1847	-	-	-	-	-	2019	-	2028	-
Carnforth		1854	-	-	-	1946	1955	2026	-	2035	-
Lancaster	a	1905	-	-	-	1954	2003	2034	-	2043	-
Preston	a	1946	-	-	-	2018	2026	2054	-	2103	-
Manchester Oxford Road	a	-	-	-	-	-	-	2142	-	2142	-
Manchester Piccadilly	a	2027	-	-	-	2127	2127	2149	-	2147	-
Manchester Airport	a	2047	-	-	-	2144	2147	2205	-	2205	-

Notes
a Arrival time.
d Departure time.
x Stops on request.
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SO Saturdays only.
SX Mondays to Fridays only.

Carlisle - Barrow - Preston - Manchester

Mondays to Saturdays

		SX	SO	SX	SO		Ⓓ SO	SX	SO Y	SO Z	
Carlisle	d	-	-	-	-	1846	1909	1909	-	-	-
Dalston		-	-	-	-	1854	1917	1917	-	-	-
Wigton		-	-	-	-	1904	1927	1927	-	-	-
Aspatria		-	-	-	-	1914	1937	1937	-	-	-
Maryport		-	-	-	-	1925	1948	1948	-	-	-
Flimby		-	-	-	-	19x28	19x51	19x51	-	-	-
Workington		-	-	-	-	1936	1959	1959	-	-	-
Harrington		-	-	-	-	1940	2003	2003	-	-	-
Parton		-	-	-	-	19x49	20x11	20x11	-	-	-
Whitehaven	a	-	-	-	-	1956	2019	2016	-	-	-
Whitehaven	d	-	-	-	-	-	2020	2018	-	-	-
Corkickle		-	-	-	-	-	2023	2020	-	-	-
St. Bees		-	-	-	-	-	2028	2028	-	-	-
Nethertown		-	-	-	-	-	20x32	20x32	-	-	-
Braystones		-	-	-	-	-	20x34	20x34	-	-	-
Sellafield		-	-	-	-	-	2040	2040	-	-	-
Seascale		-	-	-	-	-	2044	2044	-	-	-
Drigg		-	-	-	-	-	20x47	20x47	-	-	-
Ravenglass		-	-	-	-	-	2050	2050	-	-	-
Bootle		-	-	-	-	-	20x56	20x56	-	-	-
Silecroft		-	-	-	-	-	21x02	21x02	-	-	-
Millom	a	-	-	-	-	-	2109	2109	-	-	-
Millom	d	-	-	2029	2054	-	2109	2109	-	-	2200
Green Road		-	-	20x33	-	-	21x13	21x13	-	-	22x04
Foxfield		-	-	2037	-	-	2117	2117	-	-	2208
Kirkby-in-Furness		-	-	20x41	-	-	21x21	21x21	-	-	22x12
Askam		-	-	2046	2109	-	2126	2126	-	-	2217
Barrow-in-Furness	a	-	-	2101	2123	-	2141	2141	-	-	2231
Barrow-in-Furness	d	2042	2042	-	-	-	-	2145	2146	2146	-
Roose		2046	2046	-	-	-	-	2149	2150	2150	-
Dalton		2052	2052	-	-	-	-	2155	2156	2156	-
Ulverston		2101	2101	-	-	-	-	2204	2204	2204	-
Cark		2108	2108	-	-	-	-	2211	2212	2212	-
Kents Bank		2112	2112	-	-	-	-	2215	2216	2216	-
Grange-over-Sands		2116	2116	-	-	-	-	2219	2220	2220	-
Arnside		2122	2122	-	-	-	-	2226	2226	2226	-
Silverdale		2127	2127	-	-	-	-	2230	2230	2230	-
Carnforth		2136	2136	-	-	-	-	2238	2238	2238	-
Lancaster	a	2148	2148	-	-	-	-	2246	2247	2246	-
Preston	a	2236	-	-	-	-	-	2309	2335g	2309	-
Manchester Oxford Road	a	-	-	-	-	-	-	-	-	-	-
Manchester Piccadilly	a	2323	-	-	-	-	-	-	-	-	-
Manchester Airport	a	2341	-	-	-	-	-	-	-	-	-

Notes
a Arrival time.
d Departure time.
g Bus connection.
x Stops on request.
Y Runs from 20 May until 17 June and from 10 September until 8 Deccember.
Z Runs from 18 June until 9 September.
SO Saturdays only.
SX Mondays to Fridays only.
Ⓓ A designated dry train. The boarding of any alcohol in open or closed vessels will not be permitted.

Carlisle - Barrow - Preston - Manchester

Mondays to Saturdays

		Ⓓ		Ⓓ	Ⓓ						
		SO	SX	SO	SO	SX					
Carlisle	d	2000	2055	2106	2147	2201	-	-	-	-	-
Dalston		2008	2103	2114	2155	2209	-	-	-	-	-
Wigton		2018	2113	2124	2204	2219	-	-	-	-	-
Aspatria		2028	2123	2134	2215	2229	-	-	-	-	-
Maryport		2039	2134	2145	2225	2240	-	-	-	-	-
Flimby		20x42	21x37	21x48	22x29	22x43	-	-	-	-	-
Workington		2050	2145	2156	2235	2251	-	-	-	-	-
Harrington		2054	2149	2200	2239	2255	-	-	-	-	-
Parton		21x02	21x57	22x08	22x49	23x03	-	-	-	-	-
Whitehaven	a	2109	2204	2215	2255	2310	-	-	-	-	-
Whitehaven	d	-	-	-	-	-	-	-	-	-	-
Corkickle		-	-	-	-	-	-	-	-	-	-
St. Bees		-	-	-	-	-	-	-	-	-	-
Nethertown		-	-	-	-	-	-	-	-	-	-
Braystones		-	-	-	-	-	-	-	-	-	-
Sellafield		-	-	-	-	-	-	-	-	-	-
Seascale		-	-	-	-	-	-	-	-	-	-
Drigg		-	-	-	-	-	-	-	-	-	-
Ravenglass		-	-	-	-	-	-	-	-	-	-
Bootle		-	-	-	-	-	-	-	-	-	-
Silecroft		-	-	-	-	-	-	-	-	-	-
Millom	a	-	-	-	-	-	-	-	-	-	-
Millom	d	-	-	-	-	-	-	-	-	-	-
Green Road		-	-	-	-	-	-	-	-	-	-
Foxfield		-	-	-	-	-	-	-	-	-	-
Kirkby-in-Furness		-	-	-	-	-	-	-	-	-	-
Askam		-	-	-	-	-	-	-	-	-	-
Barrow-in-Furness	a	-	-	-	-	-	-	-	-	-	-
Barrow-in-Furness	d	-	-	-	-	-	-	-	-	-	-
Roose		-	-	-	-	-	-	-	-	-	-
Dalton		-	-	-	-	-	-	-	-	-	-
Ulverston		-	-	-	-	-	-	-	-	-	-
Cark		-	-	-	-	-	-	-	-	-	-
Kents Bank		-	-	-	-	-	-	-	-	-	-
Grange-over-Sands		-	-	-	-	-	-	-	-	-	-
Arnside		-	-	-	-	-	-	-	-	-	-
Silverdale		-	-	-	-	-	-	-	-	-	-
Carnforth		-	-	-	-	-	-	-	-	-	-
Lancaster	a	-	-	-	-	-	-	-	-	-	-
Preston	a	-	-	-	-	-	-	-	-	-	-
Manchester Oxford Road	a	-	-	-	-	-	-	-	-	-	-
Manchester Piccadilly	a	-	-	-	-	-	-	-	-	-	-
Manchester Airport	a	-	-	-	-	-	-	-	-	-	-

Notes
a Arrival time.
d Departure time.
x Stops on request.
SO Saturdays only.
SX Mondays to Fridays only.
Ⓓ A designated dry train. The boarding of any alcohol in open or closed vessels will not be permitted.

Carlisle - Barrow - Preston - Manchester

Sundays

		Q	R	Q			S	T			R
Carlisle	d	-	-	-	-	-	-	-	-	-	-
Dalston		-	-	-	-	-	-	-	-	-	-
Wigton		-	-	-	-	-	-	-	-	-	-
Aspatria		-	-	-	-	-	-	-	-	-	-
Maryport		-	-	-	-	-	-	-	0917	-	1024
Flimby		-	-	-	-	-	-	-	09x20	-	-
Workington		-	-	-	-	-	-	-	0927	-	1033
Harrington		-	-	-	-	-	-	-	0931	-	-
Parton		-	-	-	-	-	-	-	09x40	-	-
Whitehaven	a	-	-	-	-	-	-	-	0945	-	1049
Whitehaven	d	-	-	-	-	-	-	-	0947	-	1051
Corkickle		-	-	-	-	-	-	-	0949	-	1053
St. Bees		-	-	-	-	-	-	-	0955	-	1059
Nethertown		-	-	-	-	-	-	-	09x59	-	-
Braystones		-	-	-	-	-	-	-	10x01	-	-
Sellafield		-	-	-	-	-	-	-	1007	-	1109
Seascale		-	-	-	-	-	-	-	1011	-	1113
Drigg		-	-	-	-	-	-	-	10x14	-	11x16
Ravenglass		-	-	-	-	-	-	-	1017	-	1119
Bootle		-	-	-	-	-	-	-	10x23	-	11x25
Silecroft		-	-	-	-	-	-	-	10x29	-	11x31
Millom	a	-	-	-	-	-	-	-	1036	-	1138
Millom	d	-	-	-	-	0940	-	-	1036	-	1138
Green Road		-	-	-	-	09x44	-	-	10x40	-	11x42
Foxfield		-	-	-	-	0948	-	-	1044	-	1145
Kirkby-in-Furness		-	-	-	-	09x52	-	-	10x48	-	11x49
Askam		-	-	-	-	0957	-	-	1053	-	1154
Barrow-in-Furness	a	-	-	-	-	1011	-	-	1108	-	1209
Barrow-in-Furness	d	0839	0905	0905	0947	-	1021	1021	-	1133	-
Roose		0843	0909	-	0951	-	-	-	-	1137	-
Dalton		0849	0915	-	0957	-	-	-	-	1143	-
Ulverston		0857	0924	0921	1005	-	1037	1037	-	1151	-
Cark		0905	0931	-	1013	-	-	-	-	1159	-
Kents Bank		0909	0935	-	1017	-	-	-	-	1203	-
Grange-over-Sands		0913	0939	0934	1021	-	1049	1049	-	1207	-
Arnside		0919	0945	0940	1027	-	1056	1056	-	1213	-
Silverdale		0924	0950	-	1032	-	-	-	-	1218	-
Carnforth		0931	0957	0950	1039	-	1106	1106	-	1226	-
Lancaster	a	0940	-	1000	1048	-	1115	1115	-	1234	-
Preston	a	1004	-	1102	1112f	-	1137	1139	-	1259	-
Manchester Oxford Road	a	-	-	-	-	-	-	-	-	-	-
Manchester Piccadilly	a	-	-	1149v	1223e	-	1241	1241	-	1427	-
Manchester Airport	a	-	-	-	1240e	-	1300	1300	-	1447	-

Notes
a Arrival time.
d Departure time.
e From 24 June to 9 September arrives 2 minutes earlier.
f Arrives 4 minutes later from 20 May until 17 June.
v Arrival time at Manchester Victoria.
x Stops on request.
Q Runs from 18 June until 8 December.
R Runs from 20 May until 17 June.
S Runs from 20 May until 9 September.
T Runs from 10 September until 8 December.

Carlisle - Barrow - Preston - Manchester

Sundays

		Q	Q	R							
Carlisle	d	0945	1023	1041	1106	-	1207	-	1316	-	-
Dalston		0953	1032	1049	1114	-	1215	-	1324	-	-
Wigton		1002	1041	1058	1124	-	1225	-	1334	-	-
Aspatria		1013	1052	1109	1134	-	1235	-	1344	-	-
Maryport		1024	1103	1120	1145	-	1246	-	1355	-	-
Flimby		-	11x06	11x23	11x48	-	12x49	-	13x58	-	-
Workington		1033	1113	1130	1156	-	1258	-	1406	-	-
Harrington		-	1117	1134	1200	-	1302	-	1410	-	-
Parton		-	11x26	11x43	12x08	-	13x10	-	14x18	-	-
Whitehaven	a	1049	1131	1148	1214	-	1316	-	1424	-	-
Whitehaven	d	1051	1133	1150	1215	-	1318	-	1425	-	-
Corkickle		1053	1135	1152	1218	-	1321	-	1428	-	-
St. Bees		1059	1141	1158	1224	-	1327	-	1433	-	-
Nethertown		-	-	12x02	-	-	-	-	-	-	-
Braystones		-	-	12x04	-	-	-	-	-	-	-
Sellafield		1109	1151	1210	1234	-	1337	-	1444	-	1604
Seascale		1113	1154	1214	1238	-	1340	-	1448	-	1608
Drigg		11x16	11x57	12x17	12x41	-	13x43	-	14x51	-	16x11
Ravenglass		1119	1201	1221	1244	-	1347	-	1454	-	1614
Bootle		11x25	12x06	12x27	12x50	-	13x52	-	15x00	-	16x20
Silecroft		11x31	12x13	12x33	12x56	-	13x59	-	15x06	-	16x26
Millom	a	1138	1219	1240	1303	-	1405	-	1513	-	1633
Millom	d	1138	1219	1240	1303	-	1406	-	1514	-	1634
Green Road		11x42	12x23	12x44	13x07	-	14x10	-	15x18	-	16x38
Foxfield		1145	1227	1248	1311	-	1414	-	1522	-	1642
Kirkby-in-Furness		11x49	12x31	12x52	13x15	-	14x18	-	15x26	-	16x46
Askam		1154	1236	1258	1320	-	1423	-	1531	-	1651
Barrow-in-Furness	a	1209	1251	1315	1335	-	1438	-	1546	-	1706
Barrow-in-Furness	d	-	1253	1317	-	1345	-	1445	1550	1644	-
Roose		-	1257	1321	-	1349	-	1449	1554	1648	-
Dalton		-	1303	1327	-	1355	-	1455	1600	1654	-
Ulverston		-	1311	1335	-	1403	-	1503	1608	1702	-
Cark		-	-	-	-	1411	-	1511	1616	1710	-
Kents Bank		-	-	-	-	1415	-	1515	1620	1714	-
Grange-over-Sands		-	1324	1348	-	1419	-	1519	1624	1718	-
Arnside		-	1330	1354	-	1425	-	1525	1630	1724	-
Silverdale		-	1335	1359	-	1430	-	1530	1635	1729	-
Carnforth		-	1342	1406	-	1437	-	1537	1642	1736	-
Lancaster	a	-	1352	1416	-	1446	-	1546	1652	1745	-
Preston	a	-	1445	1445	-	1510	-	1610	1747	1809	-
Manchester Oxford Road	a	-	-	-	-	-	-	-	-	-	-
Manchester Piccadilly	a	-	1526	1526	-	1626	-	1726	1827	1926	-
Manchester Airport	a	-	1547	1547	-	1647	-	1743	1847	1947	-

Notes
a Arrival time.
d Departure time.
x Stops on request.
Q Runs from 18 June until 8 December.
R Runs from 20 May until 17 June.

Carlisle - Barrow - Preston - Manchester

Sundays

Carlisle	d	1412	1510	1616	-	-	1710	-	-	1810	1910
Dalston		1420	1518	1624	-	-	1718	-	-	1818	1918
Wigton		1430	1528	1634	-	-	1728	-	-	1828	1928
Aspatria		1440	1538	1644	-	-	1738	-	-	1838	1938
Maryport		1451	1549	1655	-	-	1749	-	-	1849	1949
Flimby		14x54	15x52	16x58	-	-	17x52	-	-	18x52	19x52
Workington		1502	1600	1706	-	-	1800	-	-	1900	2000
Harrington		1506	1604	1710	-	-	1804	-	-	1904	2004
Parton		15x14	16x12	17x18	-	-	18x12	-	-	19x12	20x12
Whitehaven	a	1521	1617	1724	-	-	1818	-	-	1919	2019
Whitehaven	d	-	1619	1725	-	-	1819	-	-	-	-
Corkickle		-	1622	1728	-	-	1822	-	-	-	-
St. Bees		-	1629	1733	-	-	1828	-	-	-	-
Nethertown		-	16x33	-	-	-	18x32	-	-	-	-
Braystones		-	16x35	-	-	-	18x34	-	-	-	-
Sellafield		-	1642	1744	-	-	1840	-	-	-	-
Seascale		-	1646	1748	-	-	1843	-	-	-	-
Drigg		-	-	17x51	-	-	18x46	-	-	-	-
Ravenglass		-	1652	1754	-	-	1850	-	-	-	-
Bootle		-	-	18x00	-	-	18x55	-	-	-	-
Silecroft		-	-	18x06	-	-	19x02	-	-	-	-
Millom	a	-	1707	1813	-	-	1908	-	-	-	-
Millom	d	-	1709	1814	-	1852	1908	-	-	-	-
Green Road		-	-	18x18	-	18x56	19x12	-	-	-	-
Foxfield		-	1716	1822	-	1900	1916	-	-	-	-
Kirkby-in-Furness		-	17x20	18x26	-	19x04	19x20	-	-	-	-
Askam		-	1725	1831	-	1909	1925	-	-	-	-
Barrow-in-Furness	a	-	1740	1846	-	1924	1940	-	-	-	-
Barrow-in-Furness	d	-	1746	-	1858	-	-	1945	2046	-	-
Roose		-	1750	-	-	-	-	1949	2050	-	-
Dalton		-	1756	-	-	-	-	1955	2056	-	-
Ulverston		-	1805	-	1914	-	-	2003	2105	-	-
Cark		-	1812	-	-	-	-	2011	2112	-	-
Kents Bank		-	1816	-	-	-	-	2015	2116	-	-
Grange-over-Sands		-	1820	-	1926	-	-	2019	2120	-	-
Arnside		-	1827	-	1932	-	-	2025	2126	-	-
Silverdale		-	1832	-	-	-	-	2030	2131	-	-
Carnforth		-	1841	-	1943	-	-	2037	2138	-	-
Lancaster	a	-	1849	-	1951	-	-	2046	2148	-	-
Preston	a	-	1925	-	2015	-	-	2110	2236	-	-
Manchester Oxford Road	a	-	-	-	-	-	-	-	-	-	-
Manchester Piccadilly	a	-	2026	-	2125	-	-	2227	2327	-	-
Manchester Airport	a	-	2047	-	2142	-	-	2244	2344	-	-

Notes
a Arrival time.
d Departure time.
x Stops on request.

Carlisle - Barrow - Preston - Manchester

Sundays

Carlisle	d	2010	2110	-	-	-	-	-	-	-	-
Dalston		2018	2118	-	-	-	-	-	-	-	-
Wigton		2028	2128	-	-	-	-	-	-	-	-
Aspatria		2038	2138	-	-	-	-	-	-	-	-
Maryport		2049	2149	-	-	-	-	-	-	-	-
Flimby		20x52	21x52	-	-	-	-	-	-	-	-
Workington		2100	2200	-	-	-	-	-	-	-	-
Harrington		2104	2204	-	-	-	-	-	-	-	-
Parton		21x12	22x12	-	-	-	-	-	-	-	-
Whitehaven	a	2119	2219	-	-	-	-	-	-	-	-
Whitehaven	d	-	-	-	-	-	-	-	-	-	-
Corkickle		-	-	-	-	-	-	-	-	-	-
St. Bees		-	-	-	-	-	-	-	-	-	-
Nethertown		-	-	-	-	-	-	-	-	-	-
Braystones		-	-	-	-	-	-	-	-	-	-
Sellafield		-	-	-	-	-	-	-	-	-	-
Seascale		-	-	-	-	-	-	-	-	-	-
Drigg		-	-	-	-	-	-	-	-	-	-
Ravenglass		-	-	-	-	-	-	-	-	-	-
Bootle		-	-	-	-	-	-	-	-	-	-
Silecroft		-	-	-	-	-	-	-	-	-	-
Millom	a	-	-	-	-	-	-	-	-	-	-
Millom	d	-	-	-	-	-	-	-	-	-	-
Green Road		-	-	-	-	-	-	-	-	-	-
Foxfield		-	-	-	-	-	-	-	-	-	-
Kirkby-in-Furness		-	-	-	-	-	-	-	-	-	-
Askam		-	-	-	-	-	-	-	-	-	-
Barrow-in-Furness	a	-	-	-	-	-	-	-	-	-	-
Barrow-in-Furness	d	-	-	-	-	-	-	-	-	-	-
Roose		-	-	-	-	-	-	-	-	-	-
Dalton		-	-	-	-	-	-	-	-	-	-
Ulverston		-	-	-	-	-	-	-	-	-	-
Cark		-	-	-	-	-	-	-	-	-	-
Kents Bank		-	-	-	-	-	-	-	-	-	-
Grange-over-Sands		-	-	-	-	-	-	-	-	-	-
Arnside		-	-	-	-	-	-	-	-	-	-
Silverdale		-	-	-	-	-	-	-	-	-	-
Carnforth		-	-	-	-	-	-	-	-	-	-
Lancaster	a	-	-	-	-	-	-	-	-	-	-
Preston	a	-	-	-	-	-	-	-	-	-	-
Manchester Oxford Road	a	-	-	-	-	-	-	-	-	-	-
Manchester Piccadilly	a	-	-	-	-	-	-	-	-	-	-
Manchester Airport	a	-	-	-	-	-	-	-	-	-	-

Notes
a Arrival time.
d Departure time.
x Stops on request.

northern
by arriva

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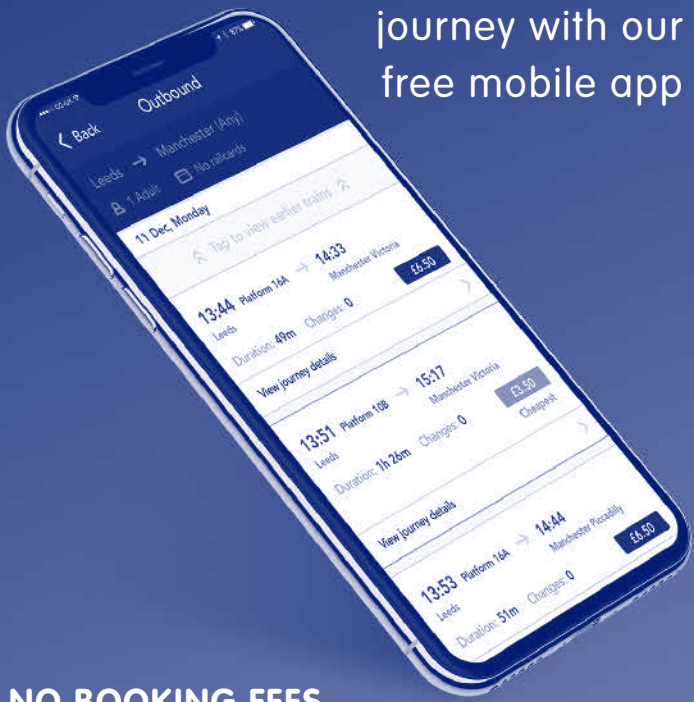

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Manchester - Preston - Barrow - Carlisle

Mondays to Saturdays

					Ⓛ						Ⓛ
		SO	SX				SX	SO			SO
Manchester Airport	d	-	-	-	-	-	-	-	-	0610	-
Manchester Piccadilly		-	-	-	-	-	-	-	0500k	0626	-
Manchester Oxford Road		-	-	-	-	-	-	-	-	-	-
Preston		-	-	-	-	0516	-	-	0644	0703	-
Lancaster		-	-	-	-	0536	-	-	0702	0736	-
Carnforth		-	-	-	-	0546	-	-	0711	0745	-
Silverdale		-	-	-	-	0551	-	-	0717	0751	-
Arnside		-	-	-	-	0556	-	-	0721	0755	-
Grange-over-Sands		-	-	-	-	0602	-	-	0727	0801	-
Kents Bank		-	-	-	-	0606	-	-	-	0805	-
Cark		-	-	-	-	0610	-	-	0733	0809	-
Ulverston		-	-	-	-	0618	-	-	0741	0817	-
Dalton		-	-	-	-	0627	-	-	0749	0826	-
Roose		-	-	-	-	0633	-	-	0756	0832	-
Barrow-in-Furness	a	-	-	-	-	0640	-	-	0803	0839	-
Barrow-in-Furness	d	-	-	-	0550	0650	0750	0754	-	-	0902
Askam		-	-	-	0602	0700	0800	0804	-	-	0914
Kirkby-in-Furness		-	-	-	06x08	07x04	08x04	08x08	-	-	09x19
Foxfield		-	-	-	0613	0708	0808	0812	-	-	0924
Green Road		-	-	-	06x18	07x12	08x11	08x15	-	-	09x29
Millom	a	-	-	-	0623	0718	0817	0821	-	-	0934
Millom	d	-	-	-	0624	0718	0818	0822	-	-	0935
Silecroft		-	-	-	06x30	07x23	08x23	08x27	-	-	09x40
Bootle		-	-	-	06x38	07x30	08x29	08x33	-	-	09x49
Ravenglass		-	-	-	0645	0737	0835	0839	-	-	0956
Drigg		-	-	-	06x50	07x40	08x38	08x42	-	-	10x00
Seascale		-	-	-	0654	0744	0842	0846	-	-	1005
Sellafield		-	-	-	0659	0753	0849	0852	-	-	1009
Braystones		-	-	-	-	07x57	-	08x55	-	-	-
Nethertown		-	-	-	-	07x59	-	08x58	-	-	-
St. Bees		-	-	-	0713	0805	0900	0903	-	-	1020
Corkickle		-	-	-	0720	0811	0905	0908	-	-	1027
Whitehaven	a	-	-	-	0723	0814	0908	0912	-	-	1030
Whitehaven	d	-	-	0657	0725	0816	0909	0914	-	-	1032
Parton		-	-	07x00	07x29	08x20	09x13	09x18	-	-	10x39
Harrington		-	-	0709	0740	0828	0921	0926	-	-	1050
Workington		0548	0605	0715	0746	0834	0927	0932	-	-	1056
Flimby		05x52	06x09	07x19	07x53	08x39	09x32	09x37	-	-	11x02
Maryport		0556	0613	0723	0757	0843	0936	0941	-	-	1106
Aspatria		0606	0623	0733	0808	0853	0946	0951	-	-	1118
Wigton		0618	0635	0744	0820	0904	0957	1002	-	-	1130
Dalston		0627	0644	0753	0830	0913	1006	1011	-	-	1140
Carlisle	a	0638	0655	0804	0842	0924	1017	1022	-	-	1151

Notes
a Arrival time.
d Departure time.
k 6 minutes earlier on Saturdays.
x Stops on request.
Ⓛ Services operated with loco-hauled stock where available.
SO Saturdays only.
SX Mondays to Fridays only.

Manchester - Preston - Barrow - Carlisle

Mondays to Saturdays

		Ⓛ SX									
										SO	SO
Manchester Airport	d	-	-	0710	-	0841	-	0910	-	-	-
Manchester Piccadilly		-	-	0726	-	0901	-	0926	-	-	-
Manchester Oxford Road		-	-	-	-	0904	-	-	-	-	-
Preston		-	0754	0842	-	0957	-	1044	-	1141	-
Lancaster		-	0823	0900	-	1014	-	1102	-	1202	-
Carnforth		-	0832	0910	-	1022	-	1111	-	1211	-
Silverdale		-	0838	0916	-	1028	-	-	-	1217	-
Arnside		-	0842	0920	-	1032	-	1120	-	1221	-
Grange-over-Sands		-	0848	0926	-	1037	-	1126	-	1227	-
Kents Bank		-	0852	0930	-	1041	-	-	-	1231	-
Cark		-	0856	0934	-	1045	-	-	-	1235	-
Ulverston		-	0904	0942	-	1053	-	1139	-	1243	-
Dalton		-	0913	0950	-	1101	-	-	-	1253	-
Roose		-	0919	0956	-	1106	-	-	-	1259	-
Barrow-in-Furness	a	-	0926	1003	-	1115	-	1158	-	1306	-
Barrow-in-Furness	d	0918	-	-	1022	-	1120	-	1206	-	1316
Askam		0930	-	-	1032	-	1130	-	1216	-	1326
Kirkby-in-Furness		09x34	-	-	10x36	-	11x34	-	12x20	-	13x30
Foxfield		0939	-	-	1040	-	1138	-	1224	-	1334
Green Road		09x43	-	-	10x43	-	11x41	-	12x27	-	13x37
Millom	a	0948	-	-	1049	-	1147	-	1233	-	1343
Millom	d	0949	-	-	1050	-	1147	-	1234	-	1344
Silecroft		-	-	-	10x54	-	11x52	-	12x38	-	13x48
Bootle		-	-	-	11x01	-	11x58	-	12x45	-	13x55
Ravenglass		1006	-	-	1107	-	1204	-	1251	-	1401
Drigg		-	-	-	11x10	-	12x07	-	12x54	-	14x04
Seascale		1013	-	-	1114	-	1211	-	1257	-	1407
Sellafield		1017	-	-	1122	-	1217	-	1303	-	1413
Braystones		-	-	-	11x26	-	-	-	13x07	-	-
Nethertown		-	-	-	11x28	-	-	-	13x09	-	-
St. Bees		1030	-	-	1134	-	1227	-	1328	-	1426
Corkickle		1037	-	-	1140	-	1232	-	1334	-	1432
Whitehaven	a	1040	-	-	1143	-	1235	-	1336	-	1434
Whitehaven	d	1043	-	-	1145	-	1236	-	1338	-	1438
Parton		10x49	-	-	11x48	-	-	-	13x41	-	14x41
Harrington		1100	-	-	1157	-	-	-	1350	-	1450
Workington		1106	-	-	1203	-	1253	-	1356	-	1456
Flimby		-	-	-	12x07	-	-	-	14x00	-	15x00
Maryport		1115	-	-	1211	-	1301	-	1404	-	1505
Aspatria		1126	-	-	1221	-	-	-	1414	-	1515
Wigton		1138	-	-	1233	-	1322	-	1426	-	1526
Dalston		-	-	-	1242	-	-	-	1435	-	1535
Carlisle	a	1157	-	-	1253	-	1340	-	1449	-	1546

Notes
a Arrival time.
d Departure time.
x Stops on request.
Ⓛ Services operated with loco-hauled stock where available.

Manchester - Preston - Barrow - Carlisle

Mondays to Saturdays

						Ⓛ		Ⓛ	Ⓛ		
		SX		SX	SO			SX	SO	SO	SX
Manchester Airport	d	-	1141	-	-	-	1210	-	-	-	1310
Manchester Piccadilly		-	1201	-	-	-	1226	-	-	-	1326
Manchester Oxford Road		-	1204	-	-	-	-	-	-	-	-
Preston		1141	1257	-	-	-	1341	-	-	1441	1441
Lancaster		1202	1314	-	-	-	1402	-	-	1503	1503
Carnforth		1211	1322	-	-	-	1411	-	-	1512	1512
Silverdale		1217	1328	-	-	-	1417	-	-	1518	1518
Arnside		1221	1332	-	-	-	1422	-	-	1523	1523
Grange-over-Sands		1227	1337	-	-	-	1428	-	-	1529	1529
Kents Bank		1231	1341	-	-	-	1431	-	-	1532	1532
Cark		1235	1345	-	-	-	1435	-	-	1536	1536
Ulverston		1243	1353	-	-	-	1443	-	-	1545	1545
Dalton		1258	1401	-	-	-	1452	-	-	1553	1553
Roose		1304	1406	-	-	-	1458	-	-	1600	1600
Barrow-in-Furness	a	1311	1414	-	-	-	1505	-	-	1607	1607
Barrow-in-Furness	d	1316	-	1419	1419	1452	-	1531	1531	1609	1613
Askam		1326	-	1429	1429	1504	-	1543	1543	1619	1623
Kirkby-in-Furness		13x30	-	14x33	14x33	-	-	15x48	15x48	16x23	16x27
Foxfield		1334	-	1437	1437	-	-	1553	1553	1627	1632
Green Road		13x37	-	14x40	14x40	-	-	15x58	15x58	16x30	16x35
Millom	a	1343	-	1446	1446	1519	-	1603	1603	1636	1641
Millom	d	1344	-	1447	1447	1520	-	1604	1604	1637	1642
Silecroft		13x48	-	14x51	14x51	-	-	16x10	16x10	16x41	16x46
Bootle		13x55	-	14x58	14x58	-	-	16x18	16x18	16x48	16x53
Ravenglass		1401	-	1504	1504	1537	-	1625	1625	1654	1659
Drigg		14x04	-	15x07	15x07	-	-	16x29	16x29	16x57	17x02
Seascale		1407	-	1510	1510	1544	-	1634	1634	1700	1706
Sellafield		1413	-	1516	1517	1549	-	1639	1642	1707	1710
Braystones		-	-	15x19	15x20	-	-	-	-	17x10	-
Nethertown		-	-	15x22	15x23	-	-	-	-	17x13	-
St. Bees		1426	-	1530	1532	1601	-	1649	1652	1719	-
Corkickle		1432	-	1535	1537	1609	-	1656	1659	1724	-
Whitehaven	a	1434	-	1539	1541	1612	-	1659	1702	1728	-
Whitehaven	d	1438	-	1540	1545	1613	-	1701	1704	1729	-
Parton		14x41	-	15x47	15x50	16x18	-	-	-	17x33	-
Harrington		1450	-	1555	1558	1629	-	-	-	1741	-
Workington		1456	-	1601	1604	1635	-	1719	1722	1747	-
Flimby		15x00	-	16x06	16x09	16x41	-	-	-	17x52	-
Maryport		1505	-	1610	1613	1645	-	1728	1731	1756	-
Aspatria		1515	-	1620	1623	1657	-	-	-	1806	-
Wigton		1526	-	1631	1634	1709	-	1750	1753	1817	-
Dalston		1535	-	1640	1643	1719	-	1800	1803	1826	-
Carlisle	a	1546	-	1651	1654	1730	-	1811	1814	1841	-

Notes
a Arrival time.
d Departure time.
x Stops on request.
Ⓛ Services operated with loco-hauled stock where available.
SO Saturdays only.
SX Monday to Fridays only.

Manchester - Preston - Barrow - Carlisle

Mondays to Saturdays

		SX				SO		SX	SO	SX	SO
Manchester Airport	d	-	1410	1510	1610	-	-	-	1710	1710	-
Manchester Piccadilly		-	1426	1526	1626	-	-	-	1727	1727	-
Manchester Oxford Road		-	-	-	-	-	-	-	-	-	-
Preston		-	1554n	1641	1720	-	1745	-	1804	1803	-
Lancaster		-	1613	1701	1738	-	1803	-	1835	1835	-
Carnforth		-	1622	1710	1747	-	1812	-	1844	1844	-
Silverdale		-	1628	-	1753	-	1818	-	1850	1850	-
Arnside		-	1632	1719	1757	-	1822	-	1854	1854	-
Grange-over-Sands		-	1638	1725	1803	-	1828	-	1900	1900	-
Kents Bank		-	1642	-	1807	-	1832	-	1904	1904	-
Cark		-	1646	-	1811	-	1836	-	1908	1908	-
Ulverston		-	1654	1738	1819	-	1844	-	1916	1916	-
Dalton		-	1702	1746	1827	-	1852	-	1924	1924	-
Roose		-	1708	1752	1833	-	1858	-	1930	1931	-
Barrow-in-Furness	a	-	1716	1759	1840	-	1905	-	1938	1938	-
Barrow-in-Furness	d	-	1717	1806	-	1857	-	1912	-	1944	1944
Askam		-	1728	1816	-	1907	-	1922	-	1954	1954
Kirkby-in-Furness		-	17x32	18x20	-	19x11	-	19x26	-	19x58	19x58
Foxfield		-	1736	1824	-	1915	-	1930	-	2002	2002
Green Road		-	17x39	18x27	-	1919	-	19x33	-	20x05	20x05
Millom	a	-	1745	1833	-	1925	-	1939	-	2012	2011
Millom	d	-	1745	1833	-	1925	-	1940	-	-	2011
Silecroft		-	17x50	-	-	19x29	-	19x44	-	-	20x16
Bootle		-	17x56	-	-	19x36	-	19x51	-	-	20x22
Ravenglass		-	1802	1849	-	1942	-	1957	-	-	2028
Drigg		-	18x05	1852	-	19x45	-	20x00	-	-	20x31
Seascale		-	1809	1856	-	1948	-	2003	-	-	2035
Sellafield		-	1814	1900	-	1953	-	2012	-	-	2041
Braystones		-	-	-	-	-	-	20x15	-	-	20x44
Nethertown		-	-	-	-	-	-	20x18	-	-	20x47
St. Bees		-	1826	1912	-	2003	-	2027	-	-	2052
Corkickle		-	1832	1917	-	2008	-	2032	-	-	2057
Whitehaven	a	-	1834	1920	-	2012	-	2036	-	-	2101
Whitehaven	d	1749	1835	1921	-	2013	-	2037	-	-	2102
Parton		17x52	18x39	19x25	-	20x17	-	20x41	-	-	-
Harrington		1801	1847	1933	-	2025	-	2049	-	-	-
Workington		1807	1853	1939	-	2031	-	2055	-	-	2119
Flimby		18x11	18x58	19x43	-	20x36	-	21x00	-	-	21x24
Maryport		1816	1902	1947	-	2040	-	2104	-	-	2127
Aspatria		1826	1912	1957	-	2050	-	2114	-	-	-
Wigton		1837	1923	2009	-	2101	-	2125	-	-	-
Dalston		1846	1932	2018	-	2110	-	2134	-	-	-
Carlisle	a	1857	1943	2031	-	2121	-	2145	-	-	-

Notes
a Arrival time.
d Departure time.
n 1 minute earlier on Saturdays.
x Stops on request.
SO Saturdays only.
SX Mondays to Fridays only.

Manchester - Preston - Barrow - Carlisle

Mondays to Saturdays

			SO	SX	SX	SO	SX	SO			SX
Manchester Airport	d	1742	-	-	-	-	1810	1810	1910	-	2010
Manchester Piccadilly		1801	-	-	-	-	1826	1826	1926	-	2026
Manchester Oxford Road		1804	-	-	-	-	-	-	-	-	-
Preston		1858	-	-	-	-	1941	1941	2045	-	2142
Lancaster		1914	-	-	-	-	2002	2005	2103	-	2206
Carnforth		1922	-	-	-	-	2012	2015	2112	-	2215
Silverdale		1928	-	-	-	-	2017	2020	2118	-	2221
Arnside		1932	-	-	-	-	2022	2025	2122	-	2225
Grange-over-Sands		1937	-	-	-	-	2028	2031	2128	-	2231
Kents Bank		1941	-	-	-	-	2032	2035	2132	-	2235
Cark		1945	-	-	-	-	2036	2039	2136	-	2239
Ulverston		1953	-	-	-	-	2044	2047	2144	-	2247
Dalton		2001	-	-	-	-	2052	2055	2152	-	2255
Roose		2007	-	-	-	-	2102	2102	2158	-	2301
Barrow-in-Furness	a	2014	-	-	-	-	2109	2109	2205	-	2309
Barrow-in-Furness	d	-	2019	2020	-	-	2112	2112	-	2211	-
Askam		-	2029	2030	-	-	2122	2122	-	2221	-
Kirkby-in-Furness		-	20x33	20x34	-	-	21x26	21x26	-	22x25	-
Foxfield		-	2037	2038	-	-	2130	2130	-	2229	-
Green Road		-	20x40	20x41	-	-	21x34	21x34	-	22x33	-
Millom	a	-	2047	2047	-	-	2140	2140	-	2239	-
Millom	d	-	-	2047	-	-	-	-	-	-	-
Silecroft		-	-	20x52	-	-	-	-	-	-	-
Bootle		-	-	20x58	-	-	-	-	-	-	-
Ravenglass		-	-	2104	-	-	-	-	-	-	-
Drigg		-	-	21x07	-	-	-	-	-	-	-
Seascale		-	-	2111	-	-	-	-	-	-	-
Sellafield		-	-	2116	-	-	-	-	-	-	-
Braystones		-	-	-	-	-	-	-	-	-	-
Nethertown		-	-	-	-	-	-	-	-	-	-
St. Bees		-	-	2126	-	-	-	-	-	-	-
Corkickle		-	-	2131	-	-	-	-	-	-	-
Whitehaven	a	-	-	2134	-	-	-	-	-	-	-
Whitehaven	d	-	-	2135	2209	2209	-	-	-	-	-
Parton		-	-	21x39	22x12	22x12	-	-	-	-	-
Harrington		-	-	2147	2221	2221	-	-	-	-	-
Workington		-	-	2153	2227	2227	-	-	-	-	-
Flimby		-	-	21x58	22x32	22x32	-	-	-	-	-
Maryport		-	-	2202	2236	2236	-	-	-	-	-
Aspatria		-	-	2212	2246	-	-	-	-	-	-
Wigton		-	-	2223	2257	-	-	-	-	-	-
Dalston		-	-	2232	2306	-	-	-	-	-	-
Carlisle	a	-	-	2243	2317	-	-	-	-	-	-

Notes
a Arrival time.
d Departure time.
x Stops on request.
SO Saturdays only.
SX Mondays to Fridays only.

Manchester - Preston - Barrow - Carlisle

Mondays to Saturdays

		SO Y	SO Z	SX	SO Z	SO Y					
Manchester Airport	d	-	-	2210	2210	-	-	-	-	-	-
Manchester Piccadilly		-	-	2226	2226	-	-	-	-	-	-
Manchester Oxford Road		-	-	-	2229	-	-	-	-	-	-
Preston		2125g	2205	2315	2310	2230g	-	-	-	-	-
Lancaster		2226	2232	2333	2328	2328	-	-	-	-	-
Carnforth		2235	2241	2343	2338	2338	-	-	-	-	-
Silverdale		2241	2247	2348	2343	2343	-	-	-	-	-
Arnside		2245	2251	2353	2348	2348	-	-	-	-	-
Grange-over-Sands		2251	2257	2359	2354	2354	-	-	-	-	-
Kents Bank		2255	2301	0004	2358	2358	-	-	-	-	-
Cark		2259	2305	0008	0002	0002	-	-	-	-	-
Ulverston		2307	2313	0016	0010	0010	-	-	-	-	-
Dalton		2315	2321	0024	0019	0019	-	-	-	-	-
Roose		2321	2327	0030	0025	0025	-	-	-	-	-
Barrow-in-Furness	a	2329	2335	0037	0032	0032	-	-	-	-	-
Barrow-in-Furness	d	-	-	-	-	-	-	-	-	-	-
Askam		-	-	-	-	-	-	-	-	-	-
Kirkby-in-Furness		-	-	-	-	-	-	-	-	-	-
Foxfield		-	-	-	-	-	-	-	-	-	-
Green Road		-	-	-	-	-	-	-	-	-	-
Millom	a	-	-	-	-	-	-	-	-	-	-
Millom	d	-	-	-	-	-	-	-	-	-	-
Silecroft		-	-	-	-	-	-	-	-	-	-
Bootle		-	-	-	-	-	-	-	-	-	-
Ravenglass		-	-	-	-	-	-	-	-	-	-
Drigg		-	-	-	-	-	-	-	-	-	-
Seascale		-	-	-	-	-	-	-	-	-	-
Sellafield		-	-	-	-	-	-	-	-	-	-
Braystones		-	-	-	-	-	-	-	-	-	-
Nethertown		-	-	-	-	-	-	-	-	-	-
St. Bees		-	-	-	-	-	-	-	-	-	-
Corkickle		-	-	-	-	-	-	-	-	-	-
Whitehaven	a	-	-	-	-	-	-	-	-	-	-
Whitehaven	d	-	-	-	-	-	-	-	-	-	-
Parton		-	-	-	-	-	-	-	-	-	-
Harrington		-	-	-	-	-	-	-	-	-	-
Workington		-	-	-	-	-	-	-	-	-	-
Flimby		-	-	-	-	-	-	-	-	-	-
Maryport		-	-	-	-	-	-	-	-	-	-
Aspatria		-	-	-	-	-	-	-	-	-	-
Wigton		-	-	-	-	-	-	-	-	-	-
Dalston		-	-	-	-	-	-	-	-	-	-
Carlisle	a	-	-	-	-	-	-	-	-	-	-

Notes
a Arrival time.
d Departure time.
g Bus connection.
x Stops on request.
Y Runs from 20 May until 17 June and from 10 September until 8 Deccember.
Z Runs from 18 June until 9 September.
SO Saturdays only.
SX Mondays to Fridays.

Manchester - Preston - Barrow - Carlisle

Sundays

		Q	Q				R	Q	Z	T	
Manchester Airport	d	-	-	-	-	-	-	-	0905	0905	-
Manchester Piccadilly		-	-	-	-	-	-	0843	0922	0922	-
Manchester Oxford Road		-	-	-	-	-	-	-	-	-	-
Preston		-	-	-	-	-	-	0923	1045	1045	-
Lancaster		-	-	-	-	-	0945g	1011	1106	1105	-
Carnforth		-	-	-	-	-	1020	1020	1116	1115	-
Silverdale		-	-	-	-	-	1026	1026	1121	1121	-
Arnside		-	-	-	-	-	1030	1030	1126	1125	-
Grange-over-Sands		-	-	-	-	-	1036	1036	1132	1131	-
Kents Bank		-	-	-	-	-	1040	1040	1135	1135	-
Cark		-	-	-	-	-	1044	1044	1139	1139	-
Ulverston		-	-	-	-	-	1052	1052	1148	1147	-
Dalton		-	-	-	-	-	1100	1100	1156	1155	-
Roose		-	-	-	-	-	1106	1106	1202	1201	-
Barrow-in-Furness	a	-	-	-	-	-	1114	1114	1209	1209	-
Barrow-in-Furness	d	-	-	-	0905	0950	1115	1115	-	-	1218
Askam		-	-	-	0915	1000	1125	1125	-	-	1228
Kirkby-in-Furness		-	-	-	09x19	10x04	11x29	11x29	-	-	12x32
Foxfield		-	-	-	0923	1008	1133	1133	-	-	1236
Green Road		-	-	-	09x26	10x11	11x37	11x37	-	-	12x39
Millom	a	-	-	-	0933	1017	1143	1143	-	-	1245
Millom	d	-	-	-	-	1018	1143	1143	-	-	1245
Silecroft		-	-	-	-	10x22	11x47	11x47	-	-	12x50
Bootle		-	-	-	-	10x29	11x54	11x54	-	-	12x56
Ravenglass		-	-	-	-	1035	1200	1200	-	-	1302
Drigg		-	-	-	-	10x38	12x03	12x03	-	-	13x05
Seascale		-	-	-	-	1041	1206	1206	-	-	1309
Sellafield		-	-	-	-	1047	1212	1212	-	-	1315
Braystones		-	-	-	-	-	-	-	-	-	-
Nethertown		-	-	-	-	-	-	-	-	-	-
St. Bees		-	-	-	-	1100	1225	1225	-	-	1328
Corkickle		-	-	-	-	1106	1230	1230	-	-	1333
Whitehaven	a	-	-	-	-	1108	1233	1233	-	-	1337
Whitehaven	d	-	-	1016	-	1110	1234	1234	-	-	1338
Parton		-	-	10x20	-	11x13	12x38	12x38	-	-	13x42
Harrington		-	-	1028	-	1122	1246	1246	-	-	1350
Workington		0855	0940	1034	-	1128	1252	1252	-	-	1356
Flimby		09x00	09x45	10x39	-	11x32	12x57	12x57	-	-	14x01
Maryport		0904	0949	1043	-	1136	1301	1301	-	-	1405
Aspatria		0914	0959	1053	-	1146	1311	1311	-	-	1415
Wigton		0925	1010	1104	-	1158	1322	1322	-	-	1426
Dalston		0934	1019	1113	-	1207	1331	1331	-	-	1435
Carlisle	a	0945	1030	1124	-	1218	1342	1342	-	-	1446

Notes
a Arrival time.
d Departure time.
g Bus connection.
x Stops on request.
Q Runs from 18 June until 8 December.
R Runs from 20 May until 17 June.
T Runs from 10 September until 8 December.
Z Runs from 18 June until 9 September.

Manchester - Preston - Barrow - Carlisle

Sundays

Manchester Airport	d	1010	-	1110	-	-	-	1310	-	1410	-
Manchester Piccadilly		1026	-	1126	-	-	-	1326	-	1426	-
Manchester Oxford Road		-	-	-	-	-	-	-	-	-	-
Preston		1127	-	1254	-	1329	-	1429	-	1543	-
Lancaster		1147	-	1313	-	1349	-	1449	-	1613	-
Carnforth		1157	-	1322	-	1359	-	1459	-	1622	-
Silverdale		1203	-	1328	-	-	-	1504	-	1628	-
Arnside		1207	-	1332	-	1408	-	1509	-	1632	-
Grange-over-Sands		1213	-	1338	-	1414	-	1515	-	1638	-
Kents Bank		1217	-	1342	-	-	-	1518	-	1642	-
Cark		1221	-	1346	-	-	-	1522	-	1646	-
Ulverston		1229	-	1354	-	1427	-	1531	-	1654	-
Dalton		1237	-	1402	-	-	-	1539	-	1702	-
Roose		1243	-	1408	-	-	-	1545	-	1708	-
Barrow-in-Furness	a	1251	-	1416	-	1445	-	1552	-	1716	-
Barrow-in-Furness	d	-	1258	1417	-	-	1451	-	1558	1717	-
Askam		-	1308	1427	-	-	1501	-	1608	1728	-
Kirkby-in-Furness		-	13x12	-	-	-	15x05	-	16x12	17x32	-
Foxfield		-	1316	-	-	-	1509	-	1616	1736	-
Green Road		-	13x19	-	-	-	15x12	-	16x19	17x39	-
Millom	a	-	1325	1441	-	-	1518	-	1625	1745	-
Millom	d	-	1325	1443	-	-	1519	-	1625	1746	-
Silecroft		-	13x30	-	-	-	15x24	-	16x30	17x50	-
Bootle		-	13x36	-	-	-	15x30	-	16x36	17x57	-
Ravenglass		-	1342	1458	-	-	1536	-	1642	1803	-
Drigg		-	13x45	-	-	-	15x39	-	16x45	18x06	-
Seascale		-	1349	-	-	-	1543	-	1649	1809	-
Sellafield		-	1354	1506	-	-	1550	-	1654	1815	-
Braystones		-	13x58	-	-	-	-	-	16x58	18x18	-
Nethertown		-	14x00	-	-	-	-	-	17x00	18x21	-
St. Bees		-	1405	1515	-	-	-	-	1705	1829	-
Corkickle		-	1410	1521	-	-	-	-	1710	1834	-
Whitehaven	a	-	1414	1523	-	-	-	-	1714	1838	-
Whitehaven	d	-	1416	1525	1611	-	-	-	1716	1839	1938
Parton		-	14x20	15x28	16x15	-	-	-	17x20	18x43	19x41
Harrington		-	1428	1537	1624	-	-	-	1728	1851	1950
Workington		-	1434	1544	1629	-	-	-	1734	1857	1956
Flimby		-	14x39	15x48	16x34	-	-	-	17x39	19x02	20x01
Maryport		-	1443	1553	1638	-	-	-	1743	1906	2005
Aspatria		-	1453	1603	1648	-	-	-	1753	1916	2015
Wigton		-	1504	1615	1659	-	-	-	1804	1927	2026
Dalston		-	1513	1624	1708	-	-	-	1813	1936	2035
Carlisle	a	-	1524	1635	1719	-	-	-	1824	1947	2046

Notes
a Arrival time.
d Departure time.
x Stops on request.

Manchester - Preston - Barrow - Carlisle

Sundays

Manchester Airport	d	-	1510	-	1610	-	1710	1810	1910	-	-
Manchester Piccadilly		-	1526	-	1626	-	1726	1826	1926	-	-
Manchester Oxford Road		-	-	-	-	-	-	-	-	-	-
Preston		-	1629	-	1729	-	1854	1926	2029	2143	-
Lancaster		-	1649	-	1749	-	1913	1947	2049	2215	-
Carnforth		-	1659	-	1759	-	1922	1957	2059	2224	-
Silverdale		-	1705	-	1805	-	1928	2002	2105	2229	-
Arnside		-	1709	-	1809	-	1932	2007	2109	2234	-
Grange-over-Sands		-	1715	-	1815	-	1938	2013	2115	2240	-
Kents Bank		-	1719	-	1819	-	1942	2016	2119	2243	-
Cark		-	1723	-	1823	-	1946	2020	2123	2247	-
Ulverston		-	1731	-	1831	-	1954	2029	2131	2255	-
Dalton		-	1739	-	1839	-	2002	2037	2139	2303	-
Roose		-	1745	-	1845	-	2008	2043	2145	2309	-
Barrow-in-Furness	a	-	1753	-	1853	-	2016	2050	2153	2317	-
Barrow-in-Furness	d	-	-	1812	-	1907	-	-	-	-	-
Askam		-	-	1822	-	1917	-	-	-	-	-
Kirkby-in-Furness		-	-	18x26	-	19x21	-	-	-	-	-
Foxfield		-	-	1830	-	1925	-	-	-	-	-
Green Road		-	-	18x33	-	19x28	-	-	-	-	-
Millom	a	-	-	1840	-	1935	-	-	-	-	-
Millom	d	-	-	-	-	-	-	-	-	-	-
Silecroft		-	-	-	-	-	-	-	-	-	-
Bootle		-	-	-	-	-	-	-	-	-	-
Ravenglass		-	-	-	-	-	-	-	-	-	-
Drigg		-	-	-	-	-	-	-	-	-	-
Seascale		-	-	-	-	-	-	-	-	-	-
Sellafield		-	-	-	-	-	-	-	-	-	-
Braystones		-	-	-	-	-	-	-	-	-	-
Nethertown		-	-	-	-	-	-	-	-	-	-
St. Bees		-	-	-	-	-	-	-	-	-	-
Corkickle		-	-	-	-	-	-	-	-	-	-
Whitehaven	a	-	-	-	-	-	-	-	-	-	-
Whitehaven	d	2030	-	-	-	-	-	-	-	-	-
Parton		20x33	-	-	-	-	-	-	-	-	-
Harrington		2042	-	-	-	-	-	-	-	-	-
Workington		2048	-	-	-	-	-	-	-	-	-
Flimby		20x53	-	-	-	-	-	-	-	-	-
Maryport		2057	-	-	-	-	-	-	-	-	-
Aspatria		2107	-	-	-	-	-	-	-	-	-
Wigton		2118	-	-	-	-	-	-	-	-	-
Dalston		2127	-	-	-	-	-	-	-	-	-
Carlisle	a	2138	-	-	-	-	-	-	-	-	-

Notes
a Arrival time.
d Departure time.
x Stops on request.

Oxenholme - Windermere

Mondays to Saturdays

						N					
Preston	d	-	-	-	-	0929	-	-	1217	-	1410
Lancaster		0540	-	-	-	0959	-	-	1237	-	1430
Oxenholme Lake District		0619	0728	0827	0912	1019	1118	1206	1302	1400	1451
Kendal		0623	0732	0831	0916	1023	1122	1210	1306	1404	1455
Burneside		0627	0736	0835	-	1027	1126	1214	1310	1408	-
Staveley		0633	0743	0841	-	1034	1133	1221	1316	1415	-
Windermere	a	0639	0749	0847	0929	1041	1139	1227	1324	1421	1509

Mondays to Saturdays

								SO Y	SO Z	SX	SO Y
Preston	d	-	-	-	-	1820	-	-	-	-	-
Lancaster		-	-	-	-	1840	-	-	-	-	-
Oxenholme Lake District		1537	1627	1715	1805	1900	2018	2115	2116	2117	2200
Kendal		1541	1631	1719	1809	1905	2022	2125	2120	2121	2210
Burneside		1545	-	1723	1813	1909	2026	2135	2124	2125	2220
Staveley		1552	-	1730	1819	1915	2033	2145	2130	2132	2230
Windermere	a	1558	1644	1736	1825	1922	2039	2155	2136	2138	2240

Mondays to Saturdays

		SO Z	SX								
Preston	d	-	-	-	-	-	-	-	-	-	-
Lancaster		-	-	-	-	-	-	-	-	-	-
Oxenholme Lake District		2201	2219	-	-	-	-	-	-	-	-
Kendal		2205	2223	-	-	-	-	-	-	-	-
Burneside		2209	2227	-	-	-	-	-	-	-	-
Staveley		2215	2234	-	-	-	-	-	-	-	-
Windermere	a	2221	2240	-	-	-	-	-	-	-	-

Sundays

		R	Q	R	Q						
Preston	d	-	0938	1036	-	-	-	-	-	-	-
Lancaster		-	0959	1057	-	-	-	-	-	-	-
Oxenholme Lake District		0945	1030	1119	1119	1201	1247	1331	1429	1538	1640
Kendal		0955	1034	1123	1123	1205	1251	1335	1433	1542	1644
Burneside		1005	1038	-	-	-	-	1339	1437	1546	1648
Staveley		1015	1044	-	-	-	-	1346	1444	1553	1655
Windermere	a	1025	1052	1136	1136	1219	1304	1353	1450	1559	1702

Sundays

						R	Q				
Preston	d	-	-	-	-	-	-	-	-	-	-
Lancaster		-	-	-	-	-	-	-	-	-	-
Oxenholme Lake District		1737	1826	1926	2018	2114	2118	-	-	-	-
Kendal		1741	1830	1930	2022	2118	2122	-	-	-	-
Burneside		1745	1834	1934	2026	2122	2126	-	-	-	-
Staveley		1752	1841	1941	2033	2128	2133	-	-	-	-
Windermere	a	1758	1847	1948	2039	2134	2139	-	-	-	-

Notes

N From Manchester Piccadilly.
Q Runs from 18 June until 8 December.
R Runs from 20 May until 17 June.
Y Runs from 20 May until 17 June and from 10 September until 8 December.
Z Runs from 18 June until 9 September.
Bus service - dogs, heavy luggage, prams, bicycles and wheelchairs may not be carried.

Windermere - Oxenholme

Mondays to Saturdays

						M			SO	SX		
Windermere	d	0643	0755	0851	0934	1047	1143	1231	1232	1335	1425
Staveley		0649	0801	-	0940	1053	-	1237	1238	1341	1431
Burneside		0654	0806	-	0945	1058	-	1242	1243	1346	1436
Kendal		0658	0810	0903	0948	1102	1156	1246	1247	1350	1440
Oxenholme Lake District	a	0703	0815	0908	0953	1107	1201	1251	1252	1355	1445
Lancaster	a	-	-	-	1013	-	-	1312	1314	-	1508
Preston	a	-	-	-	1037	-	-	1347	1345	-	1533

Mondays to Saturdays

						M		SO	Y	SO	Z	SX	SO	Z
Windermere	d	1513	1602	1648	1740	1830	1945	2043		2044		2044		2140
Staveley		1519	-	1654	1746	-	1951	-		2050		2050		-
Burneside		1524	-	1659	1751	-	1956	-		2055		2055		-
Kendal		1528	1614	1703	1755	1842	2000	2055		2059		2059		2152
Oxenholme Lake District	a	1533	1619	1708	1800	1847	2005	2100		2104		2104		2157
Lancaster	a	-	-	-	-	1908	-	2121		-		-		-
Preston	a	-	-	-	-	1932	-	-		-		-		-

Mondays to Saturdays

		SO	Y	SX	SO	Z	SO	Y	SX				
Windermere	d	2140	2145	2226	2225		2245	-	-	-	-	-
Staveley		2150	2151	2232	2235		2251	-	-	-	-	-
Burneside		2200	2156	2237	2245		2256	-	-	-	-	-
Kendal		2210	2200	2240	2255		2259	-	-	-	-	-
Oxenholme Lake District	a	2225	2205	2245	2310		2304	-	-	-	-	-
Lancaster	a	-	-	2305	2355		2323	-	-	-	-	-
Preston	a	-	-	2329	0035		2345	-	-	-	-	-

Sunday

		R	Q								
Windermere	d	1030	1056	1140	1223	1308	1358	1455	1603	1706	1802
Staveley		1040	1102	-	1229	-	1404	1501	-	1712	1808
Burneside		1050	1107	-	1234	-	1409	1506	-	1717	1813
Kendal		1100	1110	1152	1238	1320	1413	1510	1615	1721	1817
Oxenholme Lake District	a	1115	1115	1157	1243	1325	1418	1515	1620	1726	1822
Lancaster	a	-	-	-	-	-	-	-	-	-	-
Preston	a	-	-	-	-	-	-	-	-	-	-

Sunday

					R	Q					
Windermere	d	1851	1952	2044	2138	2144	-	-	-	-	-
Staveley		1857	1958	2050	-	2150	-	-	-	-	-
Burneside		1902	2003	2055	-	2155	-	-	-	-	-
Kendal		1906	2007	2059	2150	2159	-	-	-	-	-
Oxenholme Lake District	a	1911	2012	2104	2155	2204	-	-	-	-	-
Lancaster	a	-	-	-	-	2234	-	-	-	-	-
Preston	a	-	-	-	2233	2257	-	-	-	-	-

Notes

M To Manchester Piccadilly.
Q Runs from 18 June until 8 December.
R Runs from 20 May until 17 June.
Y Runs from 20 May until 17 June and from 10 September until 8 December.
Z Runs from 18 June until 9 September.
SO Saturdays only.
SX Mondays to Fridays only.
Bus service - dogs, heavy luggage, prams, bicycles and wheelchairs may not be carried.

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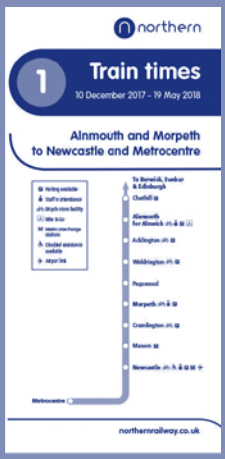
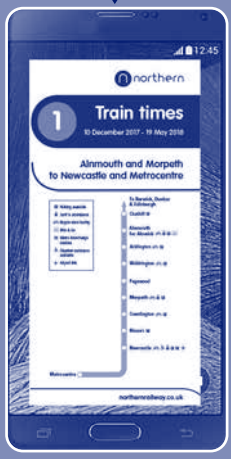
Time to go DIGITAL



Why put this in your pocket when it's already there?



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