Skipton - Leeds

Towards Leeds

Skipton	07.06	07.45	08.13	08.37	09.17	09.47	10.17	10.47	11.17	11.47	12.17	12.47
Cononley	07.11	07.50	08.18	08.42	09.22	09.52	10.22	10.52	11.22	11.52	12.22	12.52
Steeton & Silsden	07.16	07.55	08.23	08.47	09.27	09.57	10.27	10.57	11.27	11.57	12.27	12.57
Keighley	07.21	08.00	08.28	08.51	09.31	10.01	10.31	11.01	11.31	12.01	12.31	13.01
Crossflatts	07.25	08.04	08.32	08.55	09.35	10.05	10.35	11.05	11.35	12.05	12.35	13.05
Bingley	07.27	08.06	08.34	08.57	09.37	10.07	10.37	11.07	11.37	12.07	12.37	13.07
Saltaire	07.32	08.11	08.39	09.02	09.42	10.12	10.42	11.12	11.42	12.12	12.42	13.12
Shipley	07.35	08.14	08.42	09.05	09.45	10.15	10.45	11.15	11.45	12.15	12.45	13.15
Apperley Bridge	|	|	|	|	|	|	|	|	|	|	|	|
Leeds	07.53	08.29	08.57	09.21	10.00	10.29	10.59	11.29	11.59	12.29	12.59	13.29

Skipton	13.17	13.47	14.17	14.47	15.17	15.47	16.17	16.47	17.15	17.47	18.17	18.47
Cononley	13.22	13.52	14.22	14.52	15.22	15.52	16.22	16.52	17.2	17.52	18.22	18.52
Steeton & Silsden	13.27	13.57	14.27	14.57	15.27	15.57	16.27	16.57	17.25	17.57	18.27	18.57
Keighley	13.31	14.01	14.31	15.01	15.31	16.01	16.31	17.01	17.29	18.01	18.31	19.01
Crossflatts	13.35	14.05	14.35	15.05	15.35	16.05	16.35	17.05	17.33	18.05	18.35	19.05
Bingley	13.37	14.07	14.37	15.07	15.37	16.07	16.37	17.07	17.35	18.07	18.37	19.07
Saltaire	13.42	14.12	14.42	15.12	15.42	16.12	16.42	17.12	17.4	18.12	18.42	19.12
Shipley	13.45	14.15	14.45	15.15	15.45	16.15	16.45	17.15	17.43	18.15	18.45	19.15
Apperley Bridge	|	|	|	|	|	|	|	|	17.48	|	|	|
Leeds	13.59	14.29	14.59	15.29	15.59	16.29	16.59	17.29	18.00	18.29	18.59	19.29

Towards Skipton

Days Run												
Leeds	06.16	06.57	07.25	07.51	08.25	08.56	09.26	09.56	10.26	10.56	11.26	11.56
Kirkstall Forge	|	|	|	|	08.32	|	|	|	|	|	|	|
Apperley Bridge	06.25	|	|	|	|	|	|	|	|	|	|	|
Shipley	06.30	07.09	07.37	08.01	08.39	09.09	09.38	10.08	10.38	11.08	11.39	12.08
Saltaire	06.32	07.12	07.39	08.03	08.42	09.11	09.40	10.10	10.40	11.10	11.41	12.1
Bingley	06.36	07.16	07.43	08.07	08.46	09.15	09.44	10.14	10.44	11.14	11.45	12.14
Crossflatts	06.38	07.18	07.46	08.10	08.48	09.18	09.47	10.17	10.47	11.17	11.47	12.17
Keighley	06.43	07.23	07.50	08.14	08.53	09.22	09.51	10.21	10.51	11.21	11.52	12.21
Steeton & Silsden	06.47	07.27	07.55	08.19	08.57	09.27	09.56	10.26	10.56	11.26	11.56	12.26
Cononley	06.51	07.32	07.59	08.23	09.02	09.31	10.00	10.30	11.00	11.30	12.01	12.30
Skipton	06.59	07.40	08.08	08.33	09.10	09.40	10.09	10.39	11.09	11.39	12.09	12.42

Leeds	12.26	12.56	13.26	13.56	14.26	14.56	15.26	15.56	16.26	16.56	17.26	17.56
Kirkstall Forge	|	|	|	|	|	|	|	|	|	|	|	|
Apperley Bridge	|	|	|	|	|	|	|	|	|	|	|	|
Shipley	12.38	13.08	13.38	14.08	14.38	15.08	15.38	16.08	16.38	17.08	17.38	18.08
Saltaire	12.4	13.1	13.4	14.1	14.40	15.10	15.40	16.10	16.40	17.10	17.40	18.10
Bingley	12.44	13.14	13.44	14.14	14.44	15.14	15.44	16.14	16.44	17.14	17.44	18.14
Crossflatts	12.47	13.17	13.47	14.17	14.47	15.17	15.47	16.17	16.47	17.17	17.47	18.17
Keighley	12.51	13.21	13.51	14.21	14.51	15.21	15.51	16.21	16.51	17.21	17.51	18.21
Steeton & Silsden	12.56	13.26	13.56	14.26	14.56	15.26	15.56	16.26	16.56	17.26	17.56	18.26
Cononley	13.00	13.30	14.00	14.30	15.00	15.30	16.00	16.30	17.00	17.30	18.00	18.30
Skipton	13.09	13.39	14.09	14.39	15.09	15.39	16.09	16.39	17.09	17.40	18.10	18.40